



**European Champion
Clubs Cup Track & Field
Junior Group B**



Leiria



Team Manual

www.leiria2013.com

European Champion Clubs Cup Track &
Field Junior Group B

21st September

Leiria, Portugal



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Clubs Cup Track & Field
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1. GENERAL INFORMATION

Language: Portuguese

Currency: Euro

Religion: Catholic

Time zone: G.M.T. + 1:00

Electricity specifications: 220 volts

Telephone instructions (00351, international country code for the host country)

Shops opening and closing times: 9.00h - 19.00h

Shopping Centres opening and closing times: 9.00h – 00.00h

Post Office working times: 08.30-18.30; Saturday: 09-12.30

Bank services working times: 8.30-15.00

Introductory phrases in local language

Hello: Olá

Good morning: Bom dia

Good afternoon: Boa tarde

Good evening/ Good night: Boa noite

Thank you: Obrigado

Please: Por favor

Breakfast: Pequeno-almoço

Lunch: Almoço

Dinner: Jantar



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2. ORGANISATIONAL STRUCTURE

2.1 European Athletics Council

President

Hansjörg Wirz (SUI)

Vice Presidents

José Luis de Carlos (ESP)

Karel Pilny (CZE)

Jean Gracia (FRA)

General Director

Christian Milz (SUI)

Council Members

Francesco Arese (ITA)

Sylvia Barlag (NED)

Jonas Egilsson (ISL)

Liam Hennessy (IRL)

Frank Hensel (GER)

Dobromir Karamarinov (BUL)

Toralf Nilsson (SWE)

Erki Nool (EST)

Antti Pihlakoski (FIN)

Jorge Salcedo (POR)

Gabriela Szabo (ROU)

Salih Munir Yaras (TUR)

Vadim Zelichenok (RUS)

IAAF President (ex officio member)

Lamine Diack (SEN)

European Athletics Honorary Life President

Carl-Olaf Homén (FIN)

2.2 European Athletics Delegates

Technical Delegate

Linda Turner (GBR)

Jury of Appeal

To be appointed at Technical Meeting

2.3 European Athletics Office

European Athletics Association

Avenue Louis-Ruchonnet 18

1003 Lausanne, Switzerland

Tel: +41 21 313 43 50

Fax: +41 21 313 43 51

E-mail: competition@european-athletics.org

Web: www.european-athletics.org

2.4 Executive Board of Portuguese Athletics Federation

President

Jorge Vieira

General Secretary

Jorge Salcedo



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2.5 Local Organising Committee

President	Paulo Reis
General Secretary	Daniel Pereira
Event Management	José Caetano
Protocol / Hospitality	Filipe Dias
Press / Media	José Caetano
Finance	Alzira Monteiro
Travel / Accommodation	Eduardo Moura
Marketing	Daniel Pereira
Cerimonies	Nélia Rodrigues

2.6 Competition Organisation

Competition Director	Paulo Reis
Meeting Manager	António Reis
Photofinish Chief	Ricardo Coelho
Starts Coordinator	Luís Figueiredo
Senior Starter	Virgílio Santos
Track Referee	António Bizarro and Fábio Santos
Field Events Referee	Odete Alves and Paulo Pinto

2.7 Participating Clubs

Men's Teams		Women's Teams	
DEN	Sparta	BIH	AK Sloboda Tehnograd
EST	Audentes Sports Club	FIN	Tampereen Pyrintö
FRA	Entente Franconville Césame Val d'Oise	FRA	Dijon UC
IRL	St Josephs	NED	AV'34
ITA	Atl. Stud. CA.RI.RI	POR	Sport Lisboa e Benfica
NED	AV Lycurgus	POR	Juventude Vidigalense
POR	Sport Lisboa e Benfica	SLO	Mass
POR	Juventude Vidigalense	SRB	Novi Beograd
SUI	COA Lausanne-Riviera	SVK	SK SOG Nitra
SRB	Novi Beograd		



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3. ARRIVALS

3.1 Arrival by Air

Lisbon International Airport is the official airport.

Transfer times from the airports are as follows:

From Lisbon airport to the official hotel: 1h30m

3.1.1 Welcoming Service

Upon arrival, teams will be met by *team attaches*. The Welcoming Desk will be located in the lobby of the hotels, and will be open:

20 September	9h00 – 12h30 and 14h30 – 0h00
21 September	8h00 – 9h00
22 September	9h00 – 12h30

Coach transport will operate for teams. Coaches will be allocated to teams and will be clearly identified by signage. These coaches will be parked in front of the hotel.

3.1.2 Transportation of Equipment

The buses which will transport the teams from and to the airport will deliver the poles at the stadium.

The transfer time from the airport to the official hotels is 1h45m.



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4. TRANSPORT

4.1 Transport Desk

The transport desk/office will be located at *the hotel* and will be open:

20 September	9h00 – 12h30 and 14h30 – 0h00
21 September	8h00 – 9h00
22 September	9h00 – 12h30

4.2 Bus Shuttle Service

A regular bus shuttle service will be provided between the team hotel, training venues, meals, the technical meeting and the competition venue. Full details of the schedule will be displayed at the Information desk in each hotel.

Transfer between the hotels and the competition venue will be at 9:15.

4.3 Return to Airport

Transport will be arranged according to the flight schedules submitted by the teams. Further information will be available at the hotel information desks.

5. ACCOMMODATION & HOTEL INFORMATION

5.1 General Information

LOC has reserved 3 hotels for teams, with easy accessibility to both the centre of *Leiria* and the competition venue.

5.2 Information Desk

An information desk will be located in the lobby of each hotel, and it will be open:

20 September	9h00 – 12h30 and 14h30 – 0h00
21 September	8h00 – 9h00
22 September	9h00 – 12h30



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5.3 Official Hotel

Team Hotel

Hotel Name	Address, Telephone & Fax, website	Team Accommodation (Temporary solution)
Hotel Eurosol Jardim	Rua D. José Alves Correia da Silva 2414-010 - Leiria Portugal Tel: +351 244 849 849 Fax: +351 244 849 840 E-mail: leiria@eurosol.pt Website: http://www.eurosol.pt	<ul style="list-style-type: none">• AV Lycurgus• Audentes Sports Club• Sparta• AV'34• Mass• Atl. Studentesca Ca Ri Ri• Tampereen Pyrintö• Dijon UC
Hotel Eurosol Residence	Rua Comissão da Iniciativa, 13 2410-098 - Leiria Portugal Tel: +351 244 860 460 Fax: +351 244 860 469 E-mail: residence@eurosol.pt Website: http://www.eurosol.pt	<ul style="list-style-type: none">• COA Lausanne – Riviera• SK Sog Nitra

5.4 Costs and European Athletics Quota

According to EAA Regulation 1510.6.1 the visiting clubs should pay a contribution of 400 € to the organizer (at the venue) for accommodation expenses. This amount is to cover the accommodation for 2 nights for the maximum number of quota team members which is at the men's and women's competition each 26 persons including a maximum of 6 officials.

The following rates must be paid for “out of quota” team members and for additional days:

Team Members	Single room	Twin room
Out of quota athletes / Officials	60€ per person/night	50€ per person/night
Additional nights	60€ per person/night	50€ per person/night

All prices include meals and VAT



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All payments must be made in *euros*, in cash.
The teams which prefer to pay in advance may do it through bank transfer before travelling using the following data:
BENEFICIARY BANK: Millennium BCP
SWIFT CODE: BCOMPTPL
IBAN PT50 0033 0000 0618 0898 0012 3

5.5 Meals

The meals will be served in:

20 September	Lunch	Stadium Restaurant
	Dinner	Stadium Restaurant
21 September	Lunch	Stadium Restaurant
	Dinner	Stadium Restaurant
22 September	Lunch	Stadium Restaurant
	Dinner	Stadium Restaurant

The restaurant will be opened from 12h00 to 14h00 and 19h00 to 21h00.
LOC will provide transportation.

5.6 Meeting Rooms for Teams

Arrangements can be made for team meeting rooms through the information desk in the hotel. Requests shall be made at reasonable time in advance.

6. ACCREDITATION

6.1 General

Each team member will receive an accreditation card, which must be worn at all times and should be clearly visible. Security personnel will control all areas. The accreditation is not transferable and does not allow the holder to take another person beyond checkpoints. Photos are not required for the accreditation card system.

6.2 Accreditation Procedure

Accreditation cards will be prepared in advance of the event, based on the information provided by the Member Federation in the final entry system. No changes will be accepted after the final entry deadline.



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Accreditation cards will be distributed *in the welcome office after all team payments* will be settled.

6.3 Loss of Accreditation

Any lost or damaged accreditation cards should be reported to the TIC. Duplicate cards can be obtained where proof of identity can be established.

6.4 Access Areas for Teams

All team accreditation cards will allow access to the team seating area, warm up area, changing facilities and physiotherapy rooms. Only athletes who are about to compete will have access to the call room and to the infield.

Separate cards will be issued to Team Leaders, for access to the TIC.

Access to the Doping Control: 1 pass will be given to the athlete upon notification and an additional pass for an accompanying person. Passes will be collected once they enter the Doping Control Station.

6. TECHNICAL INFORMATION

6.1 Technical Information Centre (TIC)

The main function of the centre is to ensure smooth communication between each Team Delegation, the LOC and Technical Delegates and the Competition Administration, regarding technical matters.

The TIC is located *in the stadium – cabin 6*, and will be open at the following times:

<i>20. September</i>	<i>15h30 – 18h00</i>
<i>21. September</i>	<i>9h00 – 20h00</i>

The TIC will be linked to all information desks set up for this event and shall be responsible for the following:



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- Competition information (Start Lists, Results, etc)
- Liaison points concerning technical matters between Team Delegate, Technical Delegate, European Athletics and LOC
- Urgent notices – collection and delivery of any urgent written notices to the Team Delegations from Technical Delegates, EAA and LOC
- Settlement of technical enquiries from delegations
- Recovery of confiscated items at the call room
- Receive final declaration of members of relay teams
- Receive protests from the teams
- Official invitations and entrance tickets ordered by the teams

Teams that were not able to attend the Technical Meeting, under extreme circumstances, can collect their competition numbers from the TIC after the technical meeting.

6.2 Technical Meeting

The Technical Meeting will be held on 20.09.2013 at 19h00 in *Hotel Eurosol*.

Each team may be represented by a maximum of two people and, if necessary, an interpreter. It is very important that all teams are represented at the Technical Meeting.

All questions related to the Technical Meeting must be presented in writing, preferably in English, to the TIC or teams hotels 'welcome desk, before 17h15, on Friday 20th September. The Technical Meeting will be conducted in English.

A shuttle service from the hotel S. Luís and Eurosol Residence, will be provided for this meeting – please refer to the information board in the hotel.

The Technical Meeting will be attended by:

- **European Athletics** Delegate
- Jury of appeal
- Representatives of the Local Organising Committee
- Competition Officials
- TIC Representatives
- Competition Director
- Competition Data Handling Representative

6.2.1 Agenda

The preliminary agenda of the Technical Meeting includes:

- Welcome by the President of the Local Organising Committee
- Welcome by the European Athletics President or his representative



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- Presentation of the International Officials
- Presentation of the Competition Officials
- Presentation of the competition and warm up sites
- Information briefing by the Technical Delegate
 - Call-room procedures and schedule
 - Allocation of lanes and order of competition
 - Starting height and bar raising Increments
 - Scoring and ties
- Victory Ceremonies, Opening and Closing Ceremonies
- Answering of questions, submitted in writing by federations

6.2.2 Welcome Dinner

A welcome dinner will take place after the Technical Meeting, in a local restaurant. Team delegates (maximum 2 per team) are invited to attend, as well as the host institutions, national suppliers, media partners and the EA representatives.

6.3 Equipment

The implements provided by the LOC are selected from those appearing on the current IAAF approved equipment list.

Federations requiring IAAF approved equipment not listed by the LOC may present such equipment prior to the competition in the information desk or TIC for inclusion in the competition pool, subject to test. Equipment must be presented prior to the technical meeting *until Friday, 20th September - 19h00*, and will be returned only after the competition.

Any team, not able to attend the technical meeting due to late arrival, must present their equipment for checking on arrival at their hotel.

Basic implements will be provided for warm up and training.

Vaulting poles must be delivered, in the stadium, on Friday evening, 20th September. The poles will be kept in a locked store and will be brought to the competition site, in due time, by the organisers. After the competitions, the organisers will take the poles to the teams hotels and further transportation will be arranged by the organisers as required.

6.4 Competition Area

Estádio Dr. Magalhães Pessoa - Leiria and its surroundings are shown in appendix 3 of this document. There are 23.164 seats in the stadium.

The stadium has the following competition sites:

- 8 lanes
- 1 High Jump site
- 1 Pole Vault site



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- 4 sites for Long/Triple Jump
- 2 Shot Put Circle
- 1 Combined Discus/Hammer Circle
- 2 Javelin sites

The Warm up area has the following sites:

- 6 lanes – 60 meters
- 1 site for Long/Triple Jump
- 3 Shot Put Circles
- 2 Combined Discus/Hammer Circles
- 1 Javelin site
- 1 Weight lifting room

The maximum spike lengths in the various events are:

- Track, Long Jump, Triple Jump and Pole Vault: 9mm
- High Jump and Javelin: 12mm

6.5 Dressing Rooms

Dressing rooms with showers are located in Floor 0, under the main gallery.

6.6 Training

Athletes will have the possibility to train in Estádio Municipal de Leiria on Friday, 20th September, from 15h30 to 18h00.

Throwing Events

Athletes will have the possibility to train, in the Centro Nacional de Lançamentos (800 meters from the stadium), on Friday, 20th September, from 15h30 to 18h00.

Equipment and implements necessary for training will be available at the training venues. Officials will be present to help in the case of problems or special requirements. Drinks will be available at the training venues.

The Weight Lifting room is available in the Centro Nacional de Lançamentos. Opening hours are the same as the training schedule.

Details about transportation for training sessions are included in the transport section of this manual. The transport schedule will be displayed at the information desks.



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8. COMPETITION REGULATIONS

8.1 Team Composition

There will be 19 men's events and 19 events for women. According to the European Athletics Regulation 1502.3.1 only clubs recognised by the Member Federation as National Champions of the preceding year are eligible in the ECCC Track & Field Juniors. If the Champion club is not able to take part then, the Member Federation may nominate the second placed club and so on.

Only athletes aged from 16 to 19 years, on 31 December of the year of the competition, may compete.

The number of foreign athletes is strictly limited to two (2) for each club team in ECCC Track & Field Juniors. The Technical Delegate reserves the right to inspect resident cards or passports.

Member Federations must provide the list of eligible national and foreign athletes to European Athletics by 1st April of the year of the competition: No additional athletes will be allowed to compete.

Each club team shall consist of one athlete in each event, except for relays.

Each athlete can take part in a maximum of three events of which at least one must be a relay-race. The runners in 1500 m, 3000 m and 3000m steeplechase are only allowed to participate in one of these three events.

8.2 Final Entries

Final entries shall be made through the EA online entry system. The online entry system will be accessible on the EA website: **www.european-athletics.org** in the section "**Member Federations Zone/Competition**". Member federations should use the already known ID and password.

Final entries indicating the names of the athletes and their performances in the current year, plus the names of officials, must be submitted not later than 10 (ten) days before the first day of the competition.

According to the regulations, the deadlines for final entries are:

Opening date of the online entry system: 27 August

Closing date: 11 September at 24:00 (CET)



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8.3 Final Confirmation

Team Leaders or their representatives must confirm the names of those competitors already entered, who will actually take part in the competition.

Forms for the final declaration and confirmation will be distributed to each delegation upon arrival, in the information desk. The forms must be completed and returned immediately. Final start lists will be ready for collection at the TIC after the Technical Meeting.

The final relay team and the running order must be submitted to the TIC using the respective form, not later than one hour prior to the first call time of the first heat of the event.

For more details please refer to European Athletics Regulation 603.

8.4 Scoring

The winner of each individual event and each relay, in each match, shall score as many points as there are teams competing, the second will score one less, and so on. Athletes or relay teams disqualified or not finishing shall not score.

If two or more athletes tie for a place in any event, the attributable points shall be divided equally between them.

The team having the highest aggregate number of points shall be the winner of the match, and so on.

If two or more club teams have the same aggregate number of points, the tie shall be decided in favour of the club team having the greater number of event winners. If the tie still remains, it shall be decided in favour of the club team having the greater number of second places, and so on.

8.5 Bib Numbers

The LOC will provide the teams with bib numbers at the Technical Meeting.

For individual events, each competitor will receive 2 bibs. These must be pinned to the front and back of the competition clothing. Exceptions are made for High Jumpers and Pole Vaulters: these competitors are permitted to attach the bib only to the front or to the back of their competition clothing. Bibs must not be cut, folded or covered in any way.



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8.6 Competition Clothing

Competitors must wear the Club's official team clothing. IAAF Rule 8 & 143 will be strictly applied. Please make sure to follow the IAAF Advertising Regulations (version January 2011). Clothing and items not conforming to this rule and the current IAAF Advertising Regulations will be removed or taped at the call room.

8.7 Lane and Starting Order

The allocations of lanes and order of attempts in field events shall be decided by a draw conducted by the EA. Each participating club shall be allocated a letter which shall determine the allocation of lanes in accordance with the appropriate chart as Appendix 1A of the European Athletics Regulations for the European Cup. Draws for men and women's teams shall be made separately.



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9. COMPETITION PROCEDURE

9.1 Timetable

Please refer to Appendix 1 for the competition timetable

9.2 Warming Up Before Events

Warming up will take place in *the main stadium, in a restricted area.*

9.3 Assembly and Call Room Procedures

The call room will be held in the *Main Stadium*. It is the responsibility of the team managers to ensure that their athletes are aware of the last check-in times for entry in the call room. Athletes arriving late may be excluded from participation in the event.

Athletes must report to the Call Room before each event as follows:

	Call room open	call room close
Running events	30'	25'
Horizontal Jumps and Throwing Events	45'	40'
High Jump	50'	45'
Pole Vault	60'	55'

The following checks will be carried out on equipment that must comply with IAAF Advertising and Competition Rules:

- Competition clothing
- Shoes
- That non-authorized equipment (radio, i-pod, mobile phone, camera, etc) are not brought infield.

9.4 Competition Preparations

9.4.1 Field Events

Each athlete is allowed a minimum of two practice trials under the supervision of the officials, more if time allows. The athletes will be called to the practice trials according to the competition order. Only official markers provided by the LOC will be allowed for marking the runways.

9.4.2 Trials in Field Events



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In accordance with the decision of European Athletics Council, all participants in the following field events will be allowed four (4) trials:

- Long Jump / Triple Jump
- Shot Put
- Discus / Hammer / Javelin

9.4.2.1 Measurements

Horizontal Jumps and Throwing Events will be measured by EDM (Electronic Distance Measurement) apparatus from Omega. High Jump and Pole Vault will be measured manually.

9.5 Track Events

Tracksuits shall be placed in baskets at the start, and these will be taken to the mixed zone for collection after the race.

The starter's commands will be given in English.

The starter's command for the distances up to and including 400m and 4x400m relay are:

*On your marks
Set
Gun Fire*

For distances of 800m and over, the commands will be:

*On your marks
Gun Fire*

Omega starting blocks will be used at the European Champions Clubs Cup – for events up to 400m. These blocks have a false start detection system and are linked to the false start console.

9.6 Timing

The official timing will be provided by Omega and will be displayed on the official electronic timing instrument and photo finish cameras provided by Omega. For all races of 800m or more, the elapsed time will be displayed on electronic timers located at the end of each straight.

9.7 Leaving the stadium during the competition

An athlete may only leave the competition area when accompanied by a judge. The intention has to be communicated to the Referee.

9.8 Drinking Stations



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Water is provided in the infield, mixed zone.

9.9 Protests

Protests are permitted and will be processed in accordance with IAAF Rule 146.

In the first instance, protests must be made orally to the Referee by the athlete himself/herself or by a responsible official acting on his/her behalf (Rule 146.3). Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the result of that event (posted on the TIC information board).

Any written appeal to the Jury of Appeal must be signed by a responsible official on behalf of the athlete and submitted to TIC within 30 minutes after the official announcement of the decision made by the Referee.

When submitting an appeal form, a deposit of EUR 75 as set in the rules, must be paid. If the protest is unsuccessful, the deposit will not be returned.

The Jury's decision will be provided in writing.

9.10 Victory Ceremonies

The victory ceremony for the three first ranked teams will take place on Saturday 21st September, after the 4x400m relays.

The three athletes who will achieve the best score according to the International scoring table will be awarded in the final party.



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10. Medical Services

The medical service is in charge of any medical assistance to the team leaders, the competition organization, the information personnel, the honorary guests as well as, during the competition, to the spectators in the stadium.

The participating teams are responsible for taking out their own insurance to cover illness or injury to any member of their team when travelling to and from European Athletics competitions and during the event itself (European Athletics Regulation 610.12).

11. Information

Stadium

Boards

A clock showing the race time is positioned in the infield near the finishing line.

Announcements

Official announcements will be made in Portuguese and English.

Start Lists

Start Lists will be available for Team Leaders on Friday after the Technical Meeting.

Results Lists / Intermediate Scores

Results will be displayed on the notice boards near the TIC.

Complete Set of Results Lists

Complete results, will be available in the event site immediately after the end of the competition

12. Security

Instructions given by the LOC, the security personnel and the police must be followed in all areas, as well as during transport from one location to another.

If necessary, the police can be contacted through the LOC information desk at your hotel.



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13. Opening & Closing Ceremonies

13.1 Opening Ceremony

The Opening Ceremony will take place on Saturday September 21th, commencing at 10h15. All members of the teams are invited to take part in the flags parade.

13.2 Closing Party

All team members are invited to participate in the Closing Party that will take place in the stadium after the dinner.
Everyone is welcome to attend.

14. Departure

Departure times of the shuttle buses from the hotel will be provided and displayed at the hotel Information desk.

15. Contact Details

For further details about the European Champion Clubs Cup Track and Field Juniors, Group B, Leiria 2013, please contact:

15.1 European Athletics Office

*Avenue Louis-Ruchonnet18,
1003 Lausanne,
Switzerland
Tel: + 41 21 313 43 63
Fax: +41 21 313 53 51
competition@european-athletics.org*

15.2 Office of the Organising Committee

*Juventude Vidigalense
Estádio Municipal de Leiria, Porta 2
Arrabalde d'Aquem
2400-137 Leiria
Tlf: 00351 244833799
geral@juventudevidigalense.org*



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16. Appendices

LOC add the following appendices:

Appendix 1 – Timetable

Appendix 2 – Implements List

Appendix 3 - Map of Stadium, Competition Facilities, Dressing and Physiotherapy Rooms, Workrooms

Appendix 4 – Location of events

Appendix 5 – Stadium installations map

Appendix 1 – Timetable

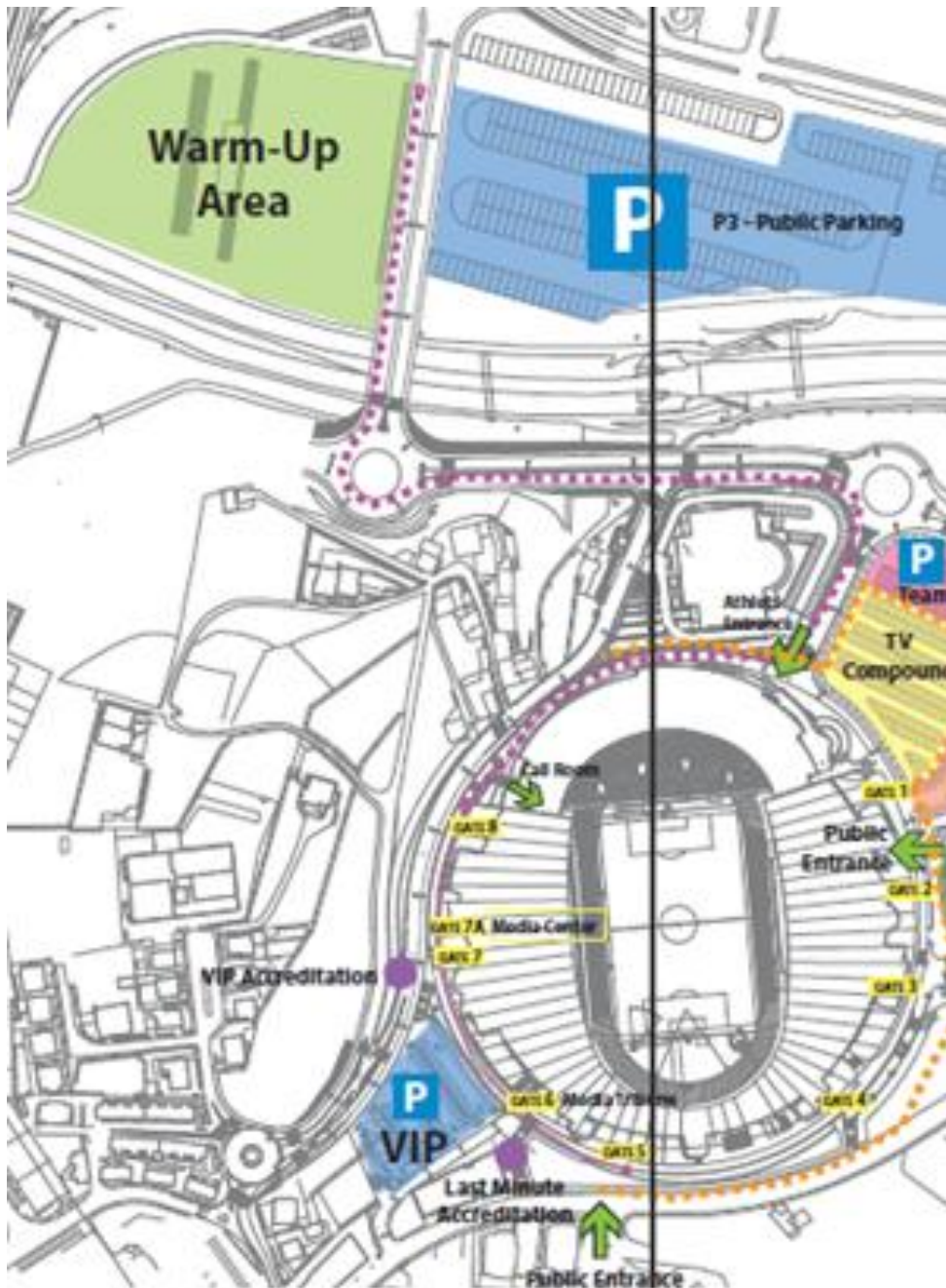
Call Room OPEN	Call Room CLOSE	Start	Event	Sexe	Spécification
		10:15	OPENING CEREMONY		
10:25	10:30	11:10	Hammer Throw	M	6,00 kg
10:25	10:30	11:15	High Jump	M	
10:50	10:55	11:20	400 m hurdles	F	0,762 m
10:35	10:40	11:20	Triple Jump	F	
10:25	10:30	11:25	Pole Vault	F	
11:00	11:05	11:30	400 m hurdles	M	0,914 m
11:15	11:20	11:45	800 m	F	
11:20	11:25	11:50	800 m	M	
11:25	11:30	11:55	100 m - EXTRA Heat 1	F	
11:30	11:35	12:00	100 m - EXTRA Heat 2	F	
11:35	11:40	12:05	100 m	F	
11:40	11:45	12:10	100 m - EXTRA Heat 1	M	
11:25	11:30	12:10	Hammer Throw	F	4,00 kg
11:45	11:50	12:15	100 m - EXTRA Heat 2	M	
11:50	11:55	12:20	100 m	M	
12:00	12:05	12:30	400 m	F	
11:45	11:50	12:30	Long Jump	M	
12:05	12:10	12:35	400 m	M	
11:50	11:55	12:35	Shot Put	M	6,000 Kg
12:15	12:20	12:45	100 m hurdles	F	0,838 m
12:25	12:30	12:55	110 m hurdles	M	0,991 m
14:25	14:30	15:10	Javelin Throw	M	800 gr
14:25	14:30	15:15	High Jump	F	
14:20	14:25	15:20	Pole Vault	M	
15:15	15:20	16:00	Discus Throw	F	1,000 kg
15:20	15:25	16:05	Long Jump	F	
16:00	16:05	16:30	1500 m	F	
16:10	16:15	16:40	1500 m	M	
16:20	16:25	16:50	200 m	F	
16:25	16:30	16:55	200 m	M	
16:15	16:20	17:00	Discus Throw	M	1,750 kg
16:20	16:25	17:05	Shot Put	F	4,00 Kg
16:35	16:40	17:05	3000 m	F	
16:25	16:30	17:10	Triple Jump	M	
16:50	16:55	17:20	3000 m	M	
17:05	17:10	17:35	3000 m Steeplechase	F	0,762 m
17:30	17:35	18:00	3000 m Steeplechase	M	0,914 m
17:15	17:20	18:00	Javelin Throw	F	600 gr
17:50	17:55	18:20	4x100 m	F	
18:00	18:05	18:30	4x100 m	M	
18:10	18:15	18:40	4x400 m	F	
18:20	18:25	18:50	4x400 m	M	

19:15 **CLOSING CEREMONY**

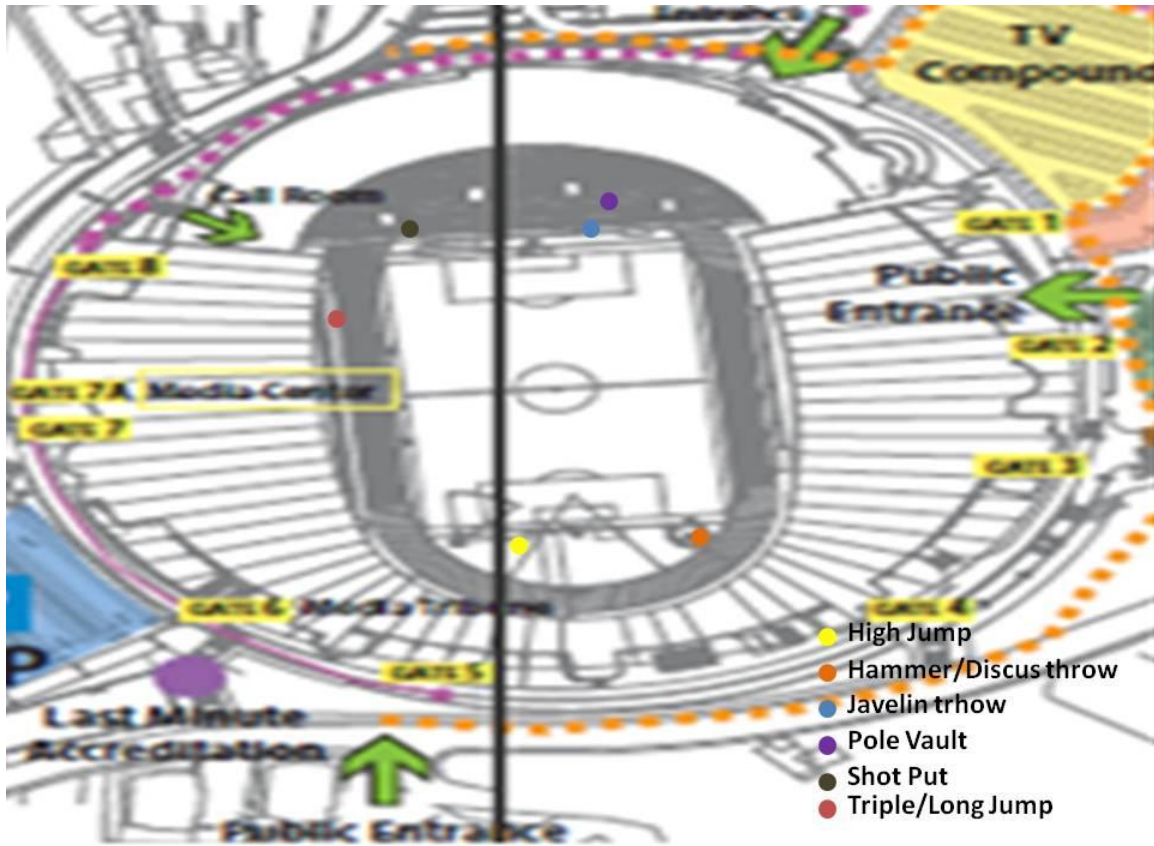
Appendix 2 – Implements List

Implements	Manufact.	Model	Diameter	Qt.	Total
Javelin 600 grs	Nordic	Sportab, Steel, Yellow		1	
	Nordic	Sport, Steel, Pink		1	4
	Nordic	Sportab, Carbon, White/Purple spiral		1	
	Németh	Olympic, Steel, Purple/Yellow/Orange		1	
Javelin 800 grs	Nordic	Airglider, Steel, Red/White Spiral		1	
	Nordic	Airglider, Carbon, White/Red Spiral		1	
	Németh	Olympic, Steel, Purple		1	4
	Nordic	Orbit, Carbon, Blue/White Spiral		1	
Discus 1 Kg	Nordic	Disnel, fiberglass, Yellow/Silver		1	
	Nordic	Sport Gold, Fiberglass, White/Gold		1	3
	Nordic	Sport Super Spin, Fiberglass, Black/Gold		1	
Discus 1,750 Kg	Polanik	fiberglass Red/Silver		3	3
Hammer 4 Kg	Nordic	Stainless Steel, silver	95 mm	1	
	Nordic	Steel, blue	100 mm	1	3
	Nordic	Stainless Steel, silver	100 mm	1	
Hammer 6Kg	Nordic	orange Iron	120 mm	3	
	Nordic	Red, Iron	110mm	1	5
	Nordic	Yellow, Iron	110mm	1	
Shot 4Kg	Nordic	Steel, gold	100 mm	1	3
	Nordic	Steel, Silver	95 mm	2	
Shot 6 Kg	Nordic	Steel, blue	120 mm	1	
	Nordic	Steel, blue	120 mm	1	3
	Nordic	Steel, blue	120mm		
	Nordic	Steel, blue	110mm	1	

Appendix 3 - Map of Stadium, Competition Facilities, Dressing and Physiotherapy Rooms, Workrooms



Appendix 4 – Location of events



Appendix 5 – Stadium installations map

